

EIGHT WORD MANTRA

There are two mantras of eight words.

1. ॐ आं हलीं क्रों हुं फट् स्वाहा ।
- 2 ॐ ह्रीं श्रीं आं क्रों बगला ।

1. OM AAM HLEEM KROM HUM PHAT
SVAHA.
2. OM HREEM SHREEM AAM KROM
BAGALA

Above both mantras are called Ashtakshari mantra. First mantra has been taken from “Sankhyayana Tantra” and second mantra belongs to the book “Bagala Kalptaru”.

MEDITATION

Shloka:-

युवती च मदोन्मत्तां पीताम्बर—धरां शिवाम् ।
पीतभूषण—भूषांगी समपीन—पयोधराम् ॥
मदिरामोद—वदनां प्रवाल—सदृशाधराम् ।
पानं पात्रं च शुद्धिं च विभ्रतीं बगलां स्मरेत् ॥

English:-

Yuvati cha madonmattam peetambar-
dharam shivaam,
Peeta-bhushana—bhushangi samapeen
payodharam.
Madiramoda-vadanam pravala-sadarash-

adharam,
Panam patram cha shuddhim cha
bibhrateem Bagalam smret.

Meaning: - That, who is a young woman, intoxicated, worn yellow clothes and ornaments, bears round breasts in equal shape, I remember such power of Lord Shiva. That, whose pleasant body is full of intoxication having lips like red sapphire, and having wine-pot, She, who is pure, I remember such Bagalamukhi.

विनियोगः—

ॐ अस्य अष्टाक्षरी बगला मंत्रस्य ब्रह्म ऋषिः, गायत्री छन्दः,
बगलामुखी देवताः, लं बीजं, ह्रीं शक्ति, ईं कीलकं, मम सर्वार्थ
सिद्धयर्थे जपे विनियोगः ।

VINIYOGA:

Om asya Astakshari Bagala mantrasya Brahma
rishih Gayatri Chhandah Bagala mukhi devata Om
beejam Kroma shakti Eem keelkam mama
sarvartha sidhyarthay japay viniyogah.

ऋष्यादि न्यासः—

श्री ब्रह्म ऋषये नमः शिरसि ।

गायत्री छंदसे नमः मुखे ।

श्री बगलामुखी देवताय नमः हृदि ।

लं बीजाय नमः गुह्ये ।

ह्रीं शक्तये नमः पादयोः ।

ईं कीलकाय नमः सर्वांगे ।

श्री बगलामुखी देवताम्बा प्रीत्यर्थे जपे विनियोगाय नमः अंजलौ ।

RISHYADI-NYASA:

Shri Brahma rishaye namah shirasi.

Gayatri chhandsay namah mukhay.

Shri Bagalamukhi devatayai namah hradi.

Om beejayai namah guhaye.

Kroma shaktaye namah padayoh.

Eem keelakaya namah sarvange.

Shri Bagalamukhi devatamba pritayarthe jape
viniyogaya namah anjalau.

षडंगन्यासः—

ॐ हलां हृदयाय नमः ।

ॐ हलीं शिरसे स्वाहा ।

ॐ हलूं शिखाय वषट् ।

ॐ हलैं कवचाय हूं ।

ॐ हलौं नेत्र त्रयाय वौषट् ।

ॐ हलः अस्त्राय फट् ।

SHADANGA-NYASA:

Om Hlam hradayaya namah. (Touch the heart with
combination of ring finger and thumb).

Om Hleem shirsay Svaha. (Touch the head)

Om Hloom shikhaye vashat

Om Hlaim kavachaye hum.

Om Hlaum Netra trayaye vaushat.

Om Hlah Astraye phat.

करन्यायः—

ॐ हलां अंगुष्ठाभ्यां नमः ।
ॐ हलीं तर्जनीभ्यां स्वाहा ।
ॐ हलूं मध्यमाभ्यां वषट् ।
ॐ हलैं अनामिकाभ्यां हूं ।
ॐ हलौं कनिष्ठिकाभ्यां वौषट् ।
ॐ हलः करतल-कर-पृष्ठाभ्यां फट् ।

KARA-NYASA :-

Om Hlam angusthhabhyam namah.
Om Hleem tarjanibhyam Svaha.
Om Hloom Madhyamabhyam vashat.
Om Hlaim kavachaye hum.
Om Hlaum Netra-trayaye vaushat.
Om Hlah astraye phat.

One should recite this mantra one lac times in forty days maximum. Its 1/10 times yagya should be performed (i.e. 10,000 offerings). 1000 tarpans should be made. Use yellow clothes, asana, sweet, fruits and yellow roasary made with turmeric.



Shri Yogeshwaranand Ji

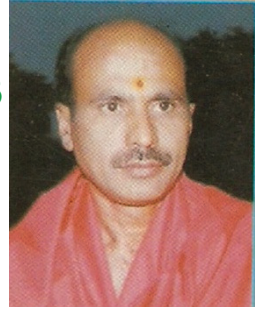
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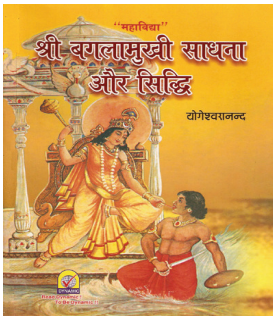
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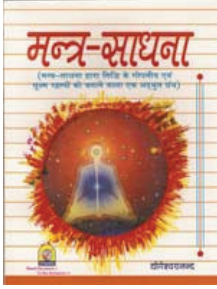
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1. Baglamukhi Sadhna Aur Siddhi



2. Mantra Sadhna



3. Shodashi Mahavidya

