

## Introduction to Mahavidya Shri Baglamukhi and Her Sadhana



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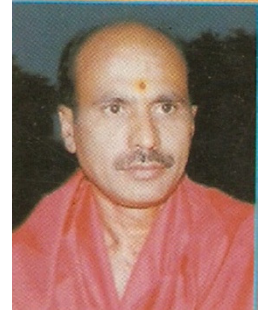
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Out of all the kinds of spiritual rituals, there is an important kind of performing sadhana and that is called 'devotion' or Bhakti. The devotee and deity are not separate from each other, but only then when the devotee is totally surrendered to the deity. First Mantra, Yantra and Tantra are used to create the form of the deity in the aspirant's consciousness. Then the devotee and the deity will be together continuously. This stage of Sadhaka is called Tanmayata. Eventually this togetherness is turned into one and the devotee's original personality is eliminated and only the deity's personality remains. After this Eikya (one ness) an aspirant turns into the statue of mother who pours her love on everyone and makes sit him to Her lap. Infact at this stage the Sadhaka forgets everything and begins to love everyone. This is also true that as you look to the world, so the world will look to you. If the world is his mother and it's all inhabitants are his family-members, then there is no existence of loneliness, despair or fear. If mother has accepted him, then there is no need to do something, She will accomplish his every wisdom without being asked. She is very very great and I adieu Her.

The source of my inspiration is Mother Bagalamukhi. It has been said about Her that if an aspirant meditates on her lotus feet only one time, his all the sins are removed at once, if one meditates two times his all the disasters are ruined without any

delay and the person who meditates three times at her lotus feet his all the impossible tasks turn into possibility. I have never seen a moment in my life when I had to asked her for any particular desire till then I have come to her shelter.

Ma Baglamukhi is the source of all Knowledge. She is both the source of delusion, and also the release from that delusion. She is the foundation and supporter of our known universe, and of all invisible universes. She is called “Stambhan-Shakti” due to Her restrictive power. She has the power to restrain every person or thing which stands against her child.

The text Mantra-Maharnav says “The mantra of the goddess Bagalamukhi has the power of the Divine weapon Brahmastra instilled in it and the goddess simply strikes terror in and paralyze the enemies of her devotees. Repetition of her mantra is enough to stop even a terrible tempest.”

Mother Baglamukhi is known as the Ultimate Power, having “atomic” capabilities to destroy opposition. This cosmic power, along with its compliment Lord Eka Vaktra Maha Rudra (Mritunjaya) rules over the planet Mars, which is responsible for courage, valor and adventure. “Adventure” in this context stands for protection against evil, and especially those forces ruled by Mars – i.e. soldiers, police, and so forth. The tantrik utilizes Baglamukhi Mahashakti to prevail over litigation, overcome enemies, and achieve stability in Life. Dangerous animals, anti-social elements and even gangsters can be controlled by the proper utilization of this Mahavidya.

However, it is not fair to represent Baglamukhi (as many have done) as the goddess of black power or black magic. In fact this is

only one small aspect of the complete picture. Although it is true that Baglamukhi Mahavidya is generally known for Her protective power, another important aspect of this mahavidya is that She is a granter of prosperity. She is fully capable of granting all desirable things to her devotees. Health, wealth, attraction, and the Ultimate Liberation (Salvation) are the fruit of her devotion. A devotee who performs her sadhna will never be destroyed by his enemies. Unnatural death, uncontrolled diseases, unnatural tragedies can never affect her sadhak. In practice, there exist mutually exclusive mantras for the attainment of prosperity and victory over enemies by the grace of this mahaviyda, which is called “Mandaar Vidya”.

Further, this Mahashakti is an aspect of “Shri kul” which is known as the left hand of Lord Vishnu. So in that sense She is like the Goddess Luxmi (the goddess of wealth and spouse of Lord Vishnu). This shakti (power) is the helper of ‘Parbrahma’(supreme power of the universe) & controller of the speech, movement and knowledge. So please don’t regard her as merely a deity of destruction, but rather understand Her as a power of ‘parbrahma’, or ‘brahmashakti’, who takes everything according to the Divine Law. She can accomplish anything, but is never unfair or unjust. If you are on the wrong path, if you are unjust or harmful to the society to which you belong, you will never achieve success in your sadhana. So first, strive to be compassionate and direct your efforts towards the good for humanity. The Power is not to be used for selfish purposes.

The field of Spirituality is very vast. It is an ocean without shores. If an aspirant is to accomplish his aim, he should first select a Guru (teacher), because it is only the Guru who can carry you on the right and easy path.

But the selection of a guru is very difficult undertaking, just as for a Guru - getting a good disciple is a true boon. To have a good guru is the best blessing, but to be a good disciple is really rare. So if you want to be blessed with a good guru, strive to become a good disciple.

A Sadhak should not undertake any Anushtan or Pooja himself. Firstly he should take advice from his guru. It is his primary duty to get instruction directly from his guru to perform any ritual before Ma Paramba (almighty). He should learn the methods of pronunciation of Mantra & the methods of performing all the rituals which are used in the worship of this great goddess.

I believe that those devotees, who are eager to learn about the method of worshipping of Ma Baglamukhi, and who want to do this great sadhna will find in this book all for which they have been yearning for a long time.

To perform this sadhna there is no restriction of gender. Everyone who is lovingly inspired by devotion toward mother Baglamukhi can perform Her pooja. Everyone is free to make a bond of love with my beautiful Mother. Her Heart is full enough with nectar to be sipped again and again easily by whomever so desires. Her hands are spread to embrace you, so come and be embraced with that imperishable Love and receive the everlasting joy for which we pine from birth to birth.

As you come to know and adore Her, you will realize that She is not only a shield of protection, but also a generous Mother who is eternally bound to love Her children.

It has been said (by some fear-mongers) that this Mahavidya is quite dreadful, and often terrifies those hapless persons who do not perform Her worship correctly. It is also said that this Supreme power visits destruction on those who are careless in Her rituals. This is far from the truth! In every circumstance Mother is always Mother. Can a mother ever destroy her own child? If your heart weeps at the thought of Her... if your eyes become wet with tears at the thought of being apart from Her...if you cry out in longing to Her - then believe me - She would come to you and take you into Her lap. So, you must never be afraid of your mother.

There are those persons who want to know the correct method of attaining true siddhi. “How can I get Siddhi?” In truth Siddhi is only the fruit of your hard work. To get the fruit, we have to sow a seed. Carefully, methodically, after a long period of time we may be able to attain the fruit of our labor. So it is with Sadhna. To perform Sadhna, first attain the state of total concentration and forget about your body. If you are worried about your body, how can you concentrate on your Beloved? When you reach the point at which you can no longer remember your body - then you are on the way. You begin to sweat as the emotion builds up... next you cry. First you cry because of the separation, and later you cry in anticipation...out of joy when you feel that the Mother is really going to come to you. When the deity enters your body and envelopes you, you begin to tremble and shake because of the overwhelming bliss of the embrace. You lose yourself in the fusion of the two personalities into one.

If you are a trained Sadhak you maintain this state permanently; if not, you can develop the emotion whenever you please and “play” with your Beloved at any time. Then you are

beyond all the limitations of your physical body. This is the state of a Sadhak, which is called Siddhi. To attain this level of Siddhi you will have to work hard, like a gardener waiting for the tree to bear fruit. Thus: patience and hard work...both are part and parcel of Sadhana.

Now I would like to caution that no aspirant should abuse the methods given in this book. You must only use these Mantras for the welfare of your family and society. Misuse of the methods may be harmful to you. If you are seeking to destroy your enemies, first destroy your *inner* enemies which are known as Kama (lust), Krodha (anger), Lobh (greed), Moha (affection) and Mada (pride). When these terrible enemies have been conquered from within, you will feel that you no longer have enemies from without. Indeed, all whom you formerly regarded as “enemies” are now your brothers or friends.

Ma Paramba (Brahmshakti) gives to her Sadhak all that he wants to attain, in time. It is necessary to perform Her sadhana with patience. To achieve success in sadhna you must proceed with your full heart and soul. Do not be like a prostitute, going from deity to deity, never selecting one as a true lover. Be like the chatak bird that drinks water only when the Swati asterism is in the sky. Never feel content anywhere, but in the company of your Beloved. This is the correct path on which you have to tread. This would bestow upon you a glow of virtue. By Her grace, you would become a true sadhak.

I am just an ordinary person. I have lived unknown and I will die unknown, except to a few. I never desire the world can offer me and even if I die tomorrow I have no regrets. But until I die, I want to carry my followers to their actual goal through the

grace of the Mother. That is why; I have presented this book and poured my knowledge which I have gained with hard work, by the grace of my Gurudeva and Mother Bagalamukhi. If any aspirant, any religious mendicant, or any householder inspires from this book and acts accordingly given in the text and achieves the grace of Almighty Mother, I would be much thankful and would take it as a Prasada (Fruit) of my work.

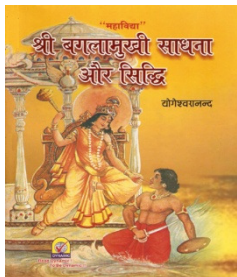
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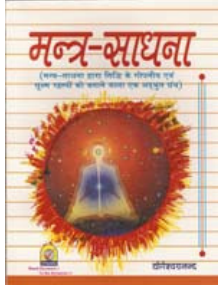
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### 1. Mahavidya Shri Baglamukhi Sadhana Aur Siddhi



## 2. Mantra Sadhana



## 3. Shodashi Mahavidya (Tripursundari Sadhana)

